

About Sixteen and Job Coaching



Sixteen is a service that helps people with learning disabilities to find a paid job. The people who work for Sixteen are called Job Coaches.



A Job Coach will work with you to complete a vocational profile. This is a form that helps us get to know you and asks:

- What you are good at?
- What type of job that you would like to have
- What jobs, work experience, and education you have had in the past
- What hours you would like to work in the week
- What you are interested in, and what you like to do in your spare time What your current employer, friends, and family think you do well



When this has been filled out, your job coach will help you to hold an employment planning meeting with people that you invite, at a time to suit you.



This meeting will help you to think about the next steps to finding you a job.



Your Job Coach will help you to look at the different opportunities for work in your local area and will talk to employers on your behalf to talk about any job vacancies.

An application form titled "Application Form" with four sections: "Name", "Address", "Education", and "Work Experience". Each section has a small icon and a text input field.

They will also help you apply for a job you want. This may be by filling out an application form, or it might be by organising a working interview.



When you have found a job, your job coach will be available to help you learn all the tasks you need to do, until you can do them by yourself and no longer need support.

Contact Us

If you would like contact us, you can write to us at

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